

Evidence-based provisional clinical classification criteria for autoinflammatory periodic fevers

Silvia Federici,¹ Maria Pia Sormani,² Seza Ozen,³ Helen J Lachmann,⁴ Gayane Amaryan,⁵ Patricia Woo,⁶ Isabelle Koné-Paut,⁷ Natacha Dewarrat,⁸ Luca Cantarini,⁹ Antonella Insalaco,¹⁰ Yosef Uziel,¹¹ Donato Rigante,¹² Pierre Quartier,¹³ Erkan Demirkaya,¹⁴ Troels Herlin,¹⁵ Antonella Meini,¹⁶ Giovanna Fabio,¹⁷ Tilmann Kallinich,¹⁸ Silvana Martino,¹⁹ Aviel Yonatan Butbul,²⁰ Alma Olivieri,²¹ Jasmin Kuemmerle-Deschner,²² Benedicte Neven,¹³ Anna Simon,²³ Huri Ozdogan,²⁴ Isabelle Touitou,²⁵ Joost Frenkel,²⁶ Michael Hofer,⁸ Alberto Martini,²⁷ Nicolino Ruperto,¹ Marco Gattorno,¹ for the Paediatric Rheumatology International Trials Organisation (PRINTO) and Eurofever Project

Handling editor Tore K Kvien

► Additional material is published online only. To view please visit the journal online (<http://dx.doi.org/10.1136/annrheumdis-2014-206580>).

For numbered affiliations see end of article.

Correspondence to

Dr Marco Gattorno, UO Pediatria 2, Istituto G Gaslini, Largo G Gaslini 5, Genova 16147, Italy; marcogattorno@ospedale-gaslini.ge.it

Received 5 September 2014
Revised 23 December 2014
Accepted 6 January 2015
Published Online First
30 January 2015

ABSTRACT

The objective of this work was to develop and validate a set of clinical criteria for the classification of patients affected by periodic fevers. Patients with inherited periodic fevers (familial Mediterranean fever (FMF); mevalonate kinase deficiency (MKD); tumour necrosis factor receptor-associated periodic fever syndrome (TRAPS); cryopyrin-associated periodic syndromes (CAPS)) enrolled in the Eurofever Registry up until March 2013 were evaluated. Patients with periodic fever, aphthosis, pharyngitis and adenitis (PFAPA) syndrome were used as negative controls. For each genetic disease, patients were considered to be 'gold standard' on the basis of the presence of a confirmatory genetic analysis. Clinical criteria were formulated on the basis of univariate and multivariate analysis in an initial group of patients (training set) and validated in an independent set of patients (validation set). A total of 1215 consecutive patients with periodic fevers were identified, and 518 gold standard patients (291 FMF, 74 MKD, 86 TRAPS, 67 CAPS) and 199 patients with PFAPA as disease controls were evaluated. The univariate and multivariate analyses identified a number of clinical variables that correlated independently with each disease, and four provisional classification scores were created. Cut-off values of the classification scores were chosen using receiver operating characteristic curve analysis as those giving the highest sensitivity and specificity. The classification scores were then tested in an independent set of patients (validation set) with an area under the curve of 0.98 for FMF, 0.95 for TRAPS, 0.96 for MKD, and 0.99 for CAPS. In conclusion, evidence-based provisional clinical criteria with high sensitivity and specificity for the clinical classification of patients with inherited periodic fevers have been developed.

INTRODUCTION

Autoinflammatory diseases include monogenic and multifactorial inflammatory conditions characterised by exaggerated activation of innate immunity in response to exogenous or endogenous stimuli, in the absence of high-titre autoantibodies.¹ Most of these disorders are characterised by recurrent episodes of fever and are defined as periodic

fevers. Familial Mediterranean fever (FMF) is an autosomal recessive (AR) disease secondary to mutations of the *MEFV* (*ME*diterranean *Fe*Ver) gene.^{2–3} It is characterised by short episodes of fever (24–72 h) associated with serositis and arthralgia/arthritis. Mevalonate kinase deficiency (MKD; an AR disease) is caused by loss of function of mevalonate kinase (MVK), an enzyme involved in cholesterol biosynthesis.^{4–5} A partial enzymatic defect causes episodes of fever lasting 4–6 days associated with abdominal pain, diarrhoea, rash and lymph node enlargement.⁶ The almost complete absence of enzymatic activity is responsible for a severe metabolic disease (mevalonic aciduria) with chronic inflammation and severe neurological impairment. Tumour necrosis factor (TNF) receptor-associated periodic fever syndrome (TRAPS) is an autosomal dominant (AD) disease secondary to mutations of type 1 TNF receptor (*TNFSRF1A*).⁷ Fever episodes last more than 6 days and are associated with myalgia, rash and abdominal pain.⁸ Cryopyrin-associated periodic syndromes (CAPS) are a group of disorders associated with heterozygous mutations of *NLRP3*, encoding cryopyrin.⁹ The clinical spectrum of CAPS is broad, ranging from a severe chronic infantile multisystemic inflammatory disease, defined as chronic infantile cutaneous neurological articular (CINCA) syndrome (or neonatal-onset multisystemic, chronic inflammation disease (NOMID)), to a milder phenotype with recurrent episodes of fever, urticarial rash and arthralgia/arthritis.¹⁰

Inherited periodic fevers have been observed in all studied ethnicities and populations, although FMF has a particularly high prevalence in Turkish, Arab, Armenian and non-Ashkenazi Jewish populations.¹¹ Disease onset is usually in the first years of life. However, a variable proportion of patients (especially those with FMF and TRAPS) might present first symptoms in their second or third decade of life.^{11–12} Typical 'inflammatory' fever episodes can also be observed in a relatively common non-monogenic autoinflammatory disease, named PFAPA (periodic fever, aphthosis, pharyngitis and adenitis) syndrome, characterised by strikingly



CrossMark

To cite: Federici S, Sormani MP, Ozen S, et al. *Ann Rheum Dis* 2015;**74**:799–805.

regular episodes of fever variably associated with at least one of the three manifestations in the acronym in the absence of signs of infection.¹³

The diagnosis of inherited periodic fevers relies on careful interpretation of the clinical phenotype and results from molecular genetic analysis. Molecular analysis is able to provide a definitive diagnosis in most patients, but the results can be inconclusive or even misleading in other cases.¹⁴ As a result, there have been previous attempts to provide clinical guidelines and diagnostic flowcharts to identify appropriate cases for testing.^{6 15–17}

Formal diagnostic criteria have been developed for some inherited periodic fevers (FMF and mild CAPS) based on the main clinical manifestations associated with the specific disease within the context of limited populations, and there is some question of their suitability for use in other populations.^{18–21}

The aim of the present study was to take advantage of a large international registry of autoinflammatory diseases (Eurofever) to develop and validate evidence-based clinical classification criteria for the four main autoinflammatory periodic fevers in children and adults.

PATIENTS AND METHODS

Data were extracted from the Eurofever Registry.¹¹ The main characteristics of the registry, the diseases involved and the method of selecting the variables included in the forms have already been described^{11 22} (see online supplementary appendix I). Ethics committee approval for entering patients in the registry and informed consent or assent were obtained in the participating centres, depending on each country's regulations. For the purpose of this study, the following diseases characterised by periodic/recurrent fever episodes were analysed: FMF, MKD, TRAPS and CAPS. Patients with PFAPA were used as disease controls.

Selection of the 'gold standard' group and statistical analysis

The Eurofever Registry Steering Committee has appointed a group of experienced clinicians (SO, HO for FMF; JF, AS for MKD; HL, MG, PW for TRAPS; BN, JK-D for CAPS; MH, MG for PFAPA) to evaluate web-collected cases available in the registry. The disease experts have the mandate to control the consistency and quality of the data. In the case of inconsistency or other uncertainty, specific queries are resubmitted to the participating centres for resolution.

The reference 'gold standard' group includes patients with FMF, TRAPS, CAPS or MKD with a confirmatory molecular analysis¹⁴ defined as follows:

- ▶ FMF: two *MEFV* mutations, of which at least one is in exon 10²³;
- ▶ MKD: two *MVK* mutations with the exclusion of variants with an uncertain pathological role (such as S52N P165L, H20Q) (<http://fmf.igh.cnrs.fr/infevers/>)²³;
- ▶ TRAPS: heterozygous *TNFRSF1A* mutations with the exclusion of low-penetrance (such as R92Q or P46L) or uncertain mutations (<http://fmf.igh.cnrs.fr/infevers/>)²³;
- ▶ CAPS: heterozygous *NLRP3* mutations with the exclusion of low-penetrance variants (V198M), functional polymorphisms (Q703K) or variants with uncertain pathological role (<http://fmf.igh.cnrs.fr/infevers/>).²³

Other patients with a non-confirmatory genetic test (eg, one mutation in AR disease, low-penetrance mutations, polymorphisms) were considered to be 'genetically uncertain patients' and were excluded from the statistical analysis. With the exclusion of patients with severe CAPS presenting a neonatal-onset chronic disease course, the majority of patients with a confirmatory

genetic test showed a recurrent disease course (see below). For this reason, patients with a chronic disease course were not considered for the elaboration of the criteria. Patients with PFAPA were classified according to current diagnostic criteria.²⁴ Before the analysis, the centres were retrospectively contacted and asked whether, during the follow-up after enrolment, the diagnosis of PFAPA could be confirmed or if a different diagnosis was pointed to. Patients whose disease was not confirmed by the centres or who were lost to follow-up were excluded. So that the classification criteria could be developed and subsequently validated on an independent set of patients, the gold standard group was randomly split into two subgroups in a ratio of 3:2. The first ('training set') was used to identify clinical variables that were able to correctly classify each disease through a classification score. The second group ('validation set') was used to verify the performance of the classification score created on the training set.

Statistical analysis was performed and clinical criteria were formulated on the basis of a univariate and multivariate analysis of the training set and validated on the validation set, as previously described¹⁶ (see online supplementary appendix II).

RESULTS

Selection and characterisation of the gold standard group

From November 2009 to March 2013, 2556 patients (1258 male, 1298 female) were collected in the Eurofever Registry by 91 centres in 56 countries (see online supplementary figure S1). Of these 2556 patients, 658 were excluded because they had not yet been checked by experts; 590 with confirmed autoinflammatory disease not associated with periodic fever (deficiency of IL-1 receptor agonist (DIRA), pyogenic arthritis, pyoderma gangrenosum and acne (PAPA), chronic recurrent multifocal osteomyelitis (CRMO), Blau's syndrome) and 93 with a chronic disease course (58 CAPS, 13 FMF, 14 TRAPS, 8 MKD; see online supplementary figure S2) were also excluded. The remaining 1215 patients with periodic fevers (498 FMF, 112 MKD, 164 TRAPS, 105 CAPS, 336 PFAPA) were evaluated. A total of 518 patients with inherited periodic fevers were selected as the gold standard group (291 FMF, 74 MKD, 86 TRAPS, 67 CAPS). The other 361 patients with inherited periodic fevers were classified as genetically uncertain patients. In addition, 199 patients with PFAPA were included in the study as disease controls, after final confirmation by the centres at the last follow-up (see online supplementary figure S2).

The main demographic and clinical features of the gold standard patients and patients with PFAPA are reported in table 1. The results of the molecular analysis are reported in online supplementary table S1. At the time of enrolment, 483 (67.3%) patients were paediatric (<14 years) and 234 (33.7%) were adults. Disease onset was reported during childhood in 671 patients (93.7%) (see online supplementary figure S3).

Development of a clinical classification score and performance in the validation set

The 518 gold standard and 199 PFAPA patients were randomly split into a training (n=412) and a validation (n=305) set; the main demographic characteristics of the two groups are summarised in online supplementary table S2. Univariate analysis performed on the training set identified clinical variables associated with each disease (see online supplementary table S3). The results of multivariate analysis performed on the training set are reported in table 2. For each disease, the symptoms that independently discriminate it from the other disorders are reported, together with the weights estimated by the logistic model. The score for each disease is calculated by summing all

Table 1 Principal demographic features and clinical manifestations in gold standard patients

Characteristic	FMF (291 patients)	MKD (74 patients)	TRAPS (86 patients)	CAPS (67 patients)	PFAPA (199 patients)
Age (years), median (25°–75°)	11.9 (8.3–14.9)	11.31 (6.6–22.3)	34.2 (14.9–44.9)	15.1 (9.0–42.7)	5 (3.7–7.5)
Gender, male/female	161/130	36/38	43/43	34/33	112/87
Positive family history, %	42.3	33.8	66.3	60.9	7.6
Age at onset (years), median (25°–75°)	2.7 (1.1–5.3)	0.4 (0.1–1.4)	2.8 (0.6–8.8)	0.7 (0.1–2.9)	1.6 (1–3.5)
Duration of disease (years), median (25°–75°)	7.2 (4.2–11.1)	9.8 (5.8–20.8)	21.1 (10.7–37.1)	13.1 (7.0–40.1)	2.8 (1.7–4.3)
Abdominal pain, %	93	86	74	11	36
Aphthous stomatitis, %	5	62	6	18	68
Arthralgia, %	79	69	64	92	26
Aseptic peritonitis, %	20	6	8	0	0
Bone alteration, %	1	1	1	27	0
Chest pain, %	63	11	25	4	1
Conjunctivitis, %	5	11	36	71	4
Diarrhoea, %	27	86	16	3	10
Enlarged cervical lymph nodes, %	18	89	40	15	70
Erythematous pharyngitis, %	23	41	14	6	63
Exudative pharyngitis, %	8	31	2	2	74
Fatigue, %	40	68	83	65	22
Generalised enlargement of lymph nodes, %	3	36	10	13	5
Headache (any time), %	25	52	14	69	16
Maculopapular rash, %	6	37	31	19	6
Migratory rash, %	0	1	28	8	0
Myalgia, %	63	53	75	51	14
Neurosensory hearing loss, %	0	2	0	44	0
Oligoarthritis, %	30	14	10	25	1
Painful lymph nodes, %	12	60	22	3	18
Papilloedema, %	0	0	0	31	0
Pericarditis, %	24	3	12	3	0
Periorbital oedema, %	1	0	25	3	1
Pleurisy, %	40	3	12	0	0
Urticarial rash, %	5	17	29	100	3
Vomiting, %	50	68	13	7.5	14

CAPS, cryopyrin-associated periodic syndromes; FMF, familial Mediterranean fever; MKD, mevalonate kinase deficiency; PFAPA, periodic fever, aphthosis, pharyngitis and adenitis; TRAPS, receptor-associated periodic fever syndrome.

the weights associated with the presence or absence of symptoms in each patient (table 3).

The discriminative ability of the linear scores calculated for each disease was assessed on the training set by receiver operating characteristic (ROC) curve analysis (figure 1); for each disease, an optimal cut-off, based on the point on the ROC curve giving maximum accuracy, was chosen to classify patients as diseased/not diseased. The scores and cut-offs calculated on the training set according to the above procedure were then applied to the validation set, calculating the sensitivity and specificity of the score on this independent set of patients. In figure 1 the performance of the classification criteria on the training set is compared with the performance obtained with the validation set. All criteria displayed high sensitivity and specificity, with an area under the curve above 0.90 in all subgroups (figure 1).

The performances of the four scores providing the best accuracy in the total group of gold standard patients (validation and training sets) according to the different diseases are shown in online supplementary figure S4. In 144 patients (19.7%), a double classification was obtained. In this case, the threshold of increase above the cut-off value related to the correct diagnosis was generally higher than those obtained for the incorrect diagnosis (see online supplementary table S4). Only 10 patients (1.3%) did not receive any classification.

Different cut-off values providing a higher sensitivity and the cut-off values providing a higher specificity for each disease are also shown in online supplementary figure S4. Even with a lower specificity (see legend to online supplementary figure S4), the use of a ‘high-sensitivity score’ would allow the identification of more than 95% of patients, minimising the risk of excluding possibly affected patients from the molecular analysis during the diagnostic work-out.

Performance of the classification score for patients with a non-confirmatory genetic test (genetically uncertain patients) and patients with a chronic disease course

The clinical and molecular features of 361 patients without a confirmatory genetic test are reported in online supplementary tables S5 and S6, and performances of the classification criteria in this subgroup are reported in table 4. The overall specificity of the most accurate criteria was generally high. The highest numbers of FMF-like patients who were positive according to the FMF score were those carrying two *MEFV* mutations not in exon 10, the heterozygous patients with mutations in exon 10, and patients not genetically screened (75%). A similar percentage of positivity was observed in CAPS-like patients, including those carrying the V198M low-penetrance variant and the Q703K polymorphism. Conversely, only 52% of patients carrying the R92Q variant of *TNFRFS1A*, a low-penetrance

Table 2 Results of the multivariate analysis in gold standard patients (training set)

FMF	TRAPS		CAPS		MKD		
	Symptoms	OR (95% CI)	Symptoms	OR (95% CI)	Symptoms	OR (95% CI)	
Eastern Mediterranean ethnicity	2975 (87 to 22 543) p<0.0001	Periorbital oedema	23 (2.5 to 206) p<0.0001	Urticarial rash	290 (30 to 2757) p<0.0001	Diarrhoea (always)	102 (13 to 812) p<0.0001
Chest pain	68 (7 to 660) p<0.0001	Duration of episodes >6 days	49 (15 to 165) p<0.0001	Conjunctivitis	9.1 (2.2 to 36.6) p=0.002	Diarrhoea (sometimes/often)	18 (5 to 67) p<0.0001
Abdominal pain	166 (7 to 017) p<0.0001	Migratory rash	11 (1.0 to 209) p=0.05	Neurosensory hearing loss	274 (8 to 8944) p=0.002	Painful lymph nodes	5.1 (1.4 to 17.8) p=0.01
North Mediterranean ethnicity	33 (3 to 329) p=0.0002	Myalgia	2.5 (1.0 to 7.1) p=0.05	Exudative pharyngitis	0.004 (0 to 1.0) p=0.05	Aphthous stomatitis	6.3 (1.7 to 23.6) p=0.001
Duration of episodes <2 days	14 (1 to 201) p=0.05	Relatives affected	5.3 (1.7 to 16.9) p=0.004	Abdominal pain	0.04 (0 to 0.15) p<0.0001	Age at onset <2 years	3.1 (1.0 to 12.2) p=0.05
Enlarged cervical lymph nodes	0.05 (0.005 to 0.4) p=0.004	Vomiting	0.12 (0.03 to 0.54) p=0.006			Generalised enlargement of lymph nodes or splenomegaly	3.9 (1.015.53) p=0.05
Aphthous stomatitis	0.04 (0.004 to 0.5) p=0.01	Aphthous stomatitis	0.07 (0.02 to 0.3) p<0.001			Chest pain	0.1 (0.01 to 0.6) p=0.01
Urticarial rash	0.002 (0.01 to 0.1) p=0.003						
Duration of episodes >6 days	0.001 (0.001 to 0.1) p<0.0001						

CAPS, cryopyrin-associated periodic syndromes; FMF, familial Mediterranean fever; MKD, mevalonate kinase deficiency; TRAPS, receptor-associated periodic fever syndrome.

mutation, usually associated with a milder phenotype,²⁵ were positive according to the score.

We also verified the performance of classification criteria in the group of patients with a chronic disease course (see online supplementary table S7). The vast majority of CAPS patients with a chronic disease course (mainly CINCA/NOMID) were positive according to the Eurofever classification criteria. The same was observed for patients with other diseases, especially those with a confirmatory genetic test (see online supplementary table S8).

DISCUSSION

We propose a new set of provisional classification criteria for patients with inherited autoinflammatory diseases presenting with periodic fever. Multivariate analysis on a large group of patients with different periodic fevers has allowed identification of a set of variables that gave a very high performance in an independent group of patients. These criteria are aimed to help experts in the field correctly clinically classify patients with suspected autoinflammatory disease and should be applied only after careful exclusion of other causes of periodic fevers, such as infections, immunodeficiency, neoplasms, and other rheumatic conditions with uncertain genotype.

A factual limitation of the study was the decision to create the criteria on the basis of clinical findings observed in gold standard patients with a confirmatory genetic test. This approach potentially overemphasises 'classical' presentations of the diseases, limiting recognition of patients with atypical phenotypes. Certainly, clinical criteria need to be considered in the light of information from molecular analysis, and vice versa, they need to enable recognition of patients with clear-cut pathogenic mutations even with an unusual clinical presentation. For this reason, we propose to attribute the term 'provisional' to the proposed criteria.

All diagnostic or classification criteria and guidelines for genetic analysis available in the literature to date have been developed on the basis of expert opinion or on evaluation of clinical manifestations in patients affected by a single disease, usually in the context of a limited population or ethnic background.^{6 8 15–20 24} The wide overlap of the clinical features associated with episodes of fever in these conditions is the major cause of the low performance of these diagnostic criteria when applied to patients affected by different autoinflammatory diseases.^{16 26} In the present study, we followed an alternative approach to the previous classical consensus of experts, which is commonly used for diseases for which a specific diagnostic marker is lacking.²⁷ The availability of the large international Eurofever Registry has, for the first time, enabled comparison of patients with different diseases, but with a common data collection, and of heterogeneous geographic and ethnic distribution. This approach allowed identification of 'positive' and 'negative' criteria correlated with each disease, resulting in the high accuracy observed for each set of criteria.

This new set of criteria might represent a useful practical tool to be used in daily clinical practice for patients with suspected autoinflammatory disease—either for the selection of genes suitable for molecular analysis and for their final classification after genetic tests, or when an unpublished genetic mutation is found in a given patient, or when the genetic testing is not clearly confirmatory. In the first case, the use of the 'high-sensitivity score' would minimise the risk of excluding possible positive patients from genetic analysis.

Depending on the pattern of inheritance, the identification of one or two mutations with known pathogenic impact and high

Table 3 The Eurofever clinical diagnostic/classification criteria*

FMF		MKD		CAPS		TRAPS	
Presence	Score	Presence	Score	Presence	Score	Presence	Score
Duration of episodes < 2 days	9	Age at onset <2 years	10	Urticarial rash	25	Periorbital oedema	21
Chest pain	13	Aphthous stomatitis	11	Neurosensory hearing loss	25	Duration of episodes >6 days	19
Abdominal pain	9	Generalised enlargement of lymph nodes or splenomegaly	8	Conjunctivitis	10	Migratory rash†	18
Eastern Mediterranean‡ ethnicity	22	Painful lymph nodes	13			Myalgia	6
North Mediterranean‡ ethnicity	7	Diarrhoea (sometimes/often)	20			Relatives affected	7
		Diarrhoea (always)	37				
Absence		Absence		Absence		Absence	
Aphthous stomatitis	9	Chest pain	11	Exudative pharyngitis	25	Vomiting	14
Urticarial rash	15			Abdominal pain	15	Aphthous stomatitis	15
Enlarged cervical lymph nodes	10						
Duration of episodes >6 days	13						
Cut-off	≥60	Cut-off	≥42	Cut-off	≥52	Cut-off	≥43

*The clinical features should be related to the typical fever episodes (ie, exclusion of intercurrent infection or other comorbidities).†Centrifugal migratory, erythematous patches most typically overlying a local area of myalgia, usually on the limbs or trunk.

‡Eastern Mediterranean: Turkish, Armenian, non-Ashkenazi Jewish, Arab. North Mediterranean: Italian, Spanish, Greek.

CAPS, cryopyrin-associated periodic syndromes; FMF, familial Mediterranean fever; MKD, mevalonate kinase deficiency; TRAPS, receptor-associated periodic fever syndrome.

penetrance represents an essential final step in the diagnosis of monogenic autoinflammatory diseases.¹⁴ However, in a considerable proportion, molecular analysis is unable to provide diagnostic confirmation—for example, in the case of a single mutation in AR disorders or the identification of variants of

unknown significance such as low-penetrance mutations, functional polymorphisms, and novel variants of unknown functional impact.^{14 28} To further complicate this issue, the extensive use of molecular analysis over the last few years has revealed a growing number of patients carrying mutations in

Figure 1 Receiver operating characteristic curves obtained for training (TS) and validation (VS) sets of gold standard patients, and the sensitivity (Sens) and specificity (Spec) of each classification criterion. AUC, area under the curve; CAPS, cryopyrin-associated periodic syndromes; FMF, familial Mediterranean fever; MKD, mevalonate kinase deficiency; TRAPS, receptor-associated periodic fever syndrome.

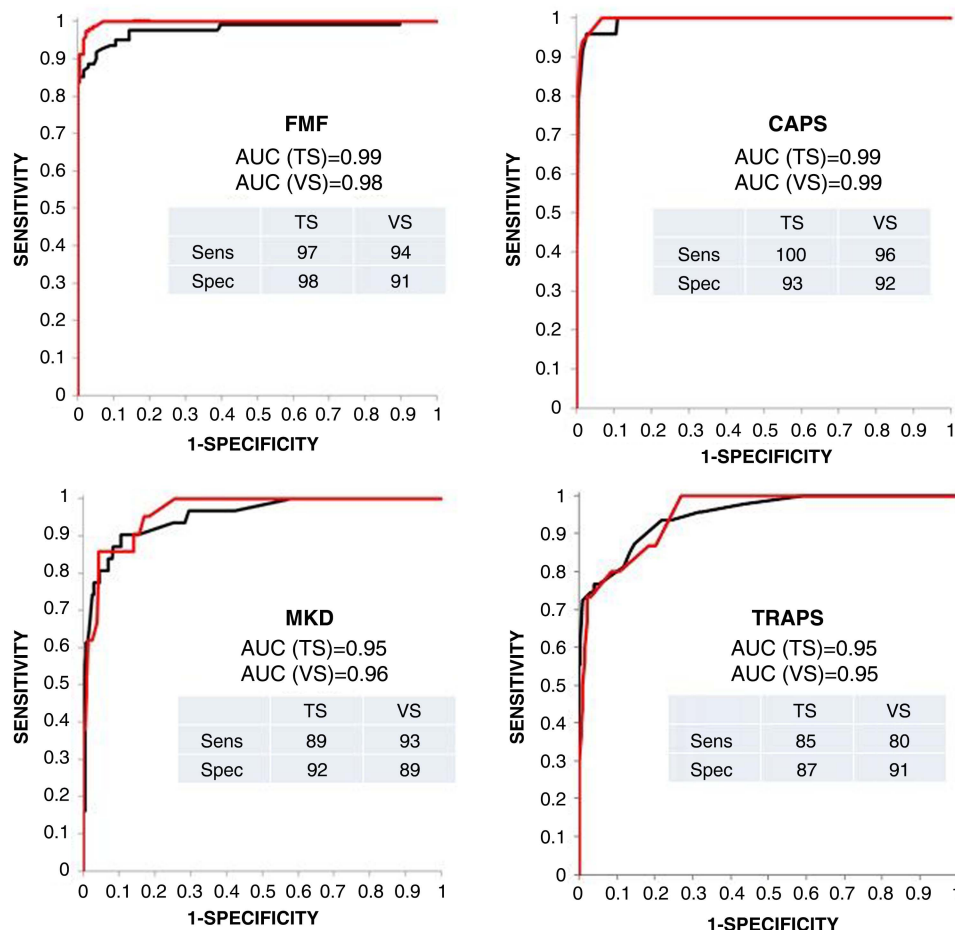


Table 4 Performance of Eurofever classification criteria in genetically uncertain patients

FMF (207 patients)	TRAPS (78 patients)		CAPS (38 patients)		MKD (38 patients)		
Overall sensitivity	68%	Overall sensitivity	59%	Overall sensitivity	70%	Overall sensitivity	53%
Overall specificity	87%	Overall specificity	84%	Overall specificity	95%	Overall specificity	89%
Percentage of patients positive according to the criteria for different genotypes							
2 mutations (not in exon 10) (16 patients)	75%	R92Q mutation (53 patients)	52%	V198M mutation (13 patients)	75%	Heterozygous (24 patients)	62%
1 mutation in exon 10 (92 patients)	75%	Other low-penetrance mutations (18 patients)	47%	Q703K mutation (7 patients)	72%	Genetically negative (7 patients)	0%
1 mutation not in exon 10 (34 patients)	55%	Genetically negative (6 patients)	83.3%	Genetically negative (2 patients)	50%	Genetic test not done (7 patients)	60%
No <i>MEFV</i> mutations (45 patients)	51%	Genetic test not done (1 patient)	100%	Genetic test not done (16 patients)	69%		
Genetic test not done (20 patients)	75%						

CAPS, cryopyrin-associated periodic syndromes; FMF, familial Mediterranean fever; MKD, mevalonate kinase deficiency; MEFV, Mediterranean fever; TRAPS, receptor-associated periodic fever syndrome.

more than one gene.²⁹ Non-confirmatory genetic results provide a challenge for both physicians and geneticists and may lead to overestimation of the pathogenic relevance of genetic variants in patients presenting with an unclear inflammatory phenotype.¹⁴ This problem will become more pressing with the application of next-generation sequencing, a technique that holds promise as a potent diagnostic tool for periodic fevers and other genetic disorders. This will almost certainly result in identification of a huge number of variants of unknown significance in the genes associated with periodic fevers. As a result, studies such as this, which both correlate and validate data from molecular analysis and the clinical phenotype, will become more critical both for correct classification of patients and assessing the impact or otherwise of genetic variants.

Application of the Eurofever classification criteria in patients without genetic confirmation and in patients with a chronic disease course revealed some interesting features. Despite some variability related to the different genotypes, a high proportion of patients with a non-confirmatory genetic test in the present study turned out to be positive with a high accuracy score. These results should nonetheless be interpreted with caution, as it is probable that the considerable number of these patients fulfilling the clinical classification criteria in this study is due to a bias in patient selection by the registry, which is strongly predisposed towards patients for whom the enrolling centres have a serious suspicion of a given disease.¹² It is likely that application of the new classification criteria in daily practice, in which a less rigorously selected population is present (patients with a non-confirmatory genetic test or positive for more than one gene, undifferentiated patients with a negative genetic test), might influence the actual accuracy of the present criteria. This possibility is being verified in a prospective validation of the criteria in a random population of patients with suspected autoinflammatory diseases.

Even though the criteria were developed and validated in patients with periodic fever, the performance of the diagnostic/classification criteria was also particularly high in patients presenting with a chronic disease course. Even though 97% of CAPS patients with a chronic disease course were correctly identified by the present criteria, it is conceivable that CAPS merits specific diagnostic/classification criteria that could cover all possible *NLRP3*-associated phenotypes, including those clinical features (severe neurological involvement, bone alterations, etc) related to the most severe clinical phenotype (CINCA/NOMID), usually presenting with a chronic inflammatory disease course from birth. For similar reasons, we believe that the present score

is not suitable for the diagnosis and classification of the most severe form of MKD deficiency, mevalonic aciduria.

In conclusion, we present a validated evidence-based tool either for indication for molecular analysis or for clinical classification of patients with suspected autoinflammatory periodic fevers after careful exclusion of other causes. Future work building on this will include prospective validation of the criteria in everyday clinical practice and a consensus process among paediatric and adult clinicians and genetic experts in the field to generate guidelines for the correct combination of these clinical classification criteria and other possible clinical variables, such as response to treatment or specific laboratory examinations (eg, urinary mevalonic acid for MKD), with information from molecular analysis to provide definitive classification of patients with autoinflammatory periodic fevers.

Author affiliations

- ¹UO Pediatria II–Reumatologia, Istituto Giannina Gaslini, Genova, Italy
- ²Unità di Biostatistica, DISSAL, University of Genoa, Genova, Italy
- ³Department of Pediatric Rheumatology, Hacettepe University, Ankara, Turkey
- ⁴National Amyloidosis Centre, University College London, London, UK
- ⁵National Pediatric Familial Mediterranean Fever Centre, Institute of Child and Adolescent Health, Yerevan, Armenia
- ⁶Center of Paediatric and Adolescent Rheumatology, UCL, London, UK
- ⁷Centre de référence national des maladies auto-inflammatoires, CEREMAI, rhumatologie pédiatrique, CHU Le Kremlin Bicêtre (APHP, University of Paris SUD), Paris, France
- ⁸Pediatric Rheumatology Unit of Western Switzerland, CHUV, University of Lausanne, Lausanne, and HUG, Geneva, Switzerland
- ⁹Rheumatology Unit, Policlinico le Scotte, University of Siena, Siena, Italy
- ¹⁰Division of Rheumatology, Department of Pediatric Medicine, Bambino Gesù Children's Hospital, IRCCS, Rome, Italy
- ¹¹Department of Pediatrics, Meir Medical Centre, Kfar Saba, Israel
- ¹²Department of Pediatrics, Università Cattolica Sacro Cuore, Roma, Italy
- ¹³Université Paris-Descartes, Hôpital Necker-Enfants Malades, Centre de référence national pour les Arthrites Juveniles, Unité d'Immunologie, Hématologie et Rhumatologie Pédiatrique, Université Descartes, Sorbonne Paris Cité, Institut IMAGINE, Paris, France
- ¹⁴Gulhane Military Medical Faculty, FMF Arthritis Vasculitis and Orphan Disease Research Center (FAVOR), Ankara, Turkey
- ¹⁵Department of Pediatrics, Aarhus University Hospital, Pediatric Rheumatology Clinic, Aarhus, Denmark
- ¹⁶Dipartimento di Pediatria, Unità di Immunologia e Reumatologia Pediatrica, Clinica Pediatrica dell'Università di Brescia, Brescia, Italy
- ¹⁷Fondazione IRCCS Ca' Granda-Ospedale Maggiore Policlinico, Clinica Pediatrica II De Marchi, Milano, Italia
- ¹⁸Kinderklinik, Rheumatologie, Charite University Hospital Berlin, Berlin, Germany
- ¹⁹Dipartimento di Scienze Pediatriche e dell'Adolescenza, Clinica Pediatrica Università di Torino, Torino, Italy
- ²⁰Department of Pediatrics, Rambam Medical Center, Haifa, Israel
- ²¹Dipartimento di Pediatria F. Fedele, Seconda Università degli Studi di Napoli, Napoli, Italia

²²Universitätsklinik für Kinderheilkunde und Jugendmedizin, Tübingen, Germany

²³Department of General Internal Medicine, Radboud University Medical Centre, Nijmegen, The Netherlands

²⁴İc Hastalıkları ABD, Romatoloji BD, Cerrahpaşa Tıp Fakültesi, İstanbul, Turkey

²⁵Unit of autoinflammatory diseases, Montpellier, UM1, INSERM U844, Montpellier, France

²⁶Department of Paediatrics, University Medical Center Utrecht, Utrecht, The Netherlands

²⁷Istituto Giannina Gaslini, Pediatria II and Università degli Studi di Genova, Genova, Italy

Acknowledgements We thank the research assistants, Eugenia Mosci and Irene Gregorini, for their valuable and excellent work. We also thank all members of Eurofever/PRINTO who participated as investigators in the study on patients with periodic fevers and whose enthusiastic efforts made this work possible: Argentina: Graciela Espada, Ricardo Russo, Carmen De Cunto; Australia: Christina Boros; Chile: Arturo Borzutzky; Croatia: Marija Jelusic-Drazic; Czech Republic: Pavla Dolezalova; Denmark: Susan Nielsen; France: Veronique Hentgen; Germany: Tobias Schwarz, Rainer Berendes, Annette Jansson, Gerd Horneff; Greece: Efimia Papadopoulou-Alataki, Elena Tsitsami, Florence Kanakoudi Tsakalidou; Italy: Romina Gallizzi, Laura Obici, Patrizia Barone, Rolando Cimaz, Mariolina Alessio, Japan: Ryuta Nishikomori; Latvia: Valda Stanevicha; Netherlands: Esther Hoppenreijis; Poland: Beata Wolska-Kusnierz; Romania: Nicolae Iagaru; Russia Federation: Irina Nikishina; Saudi Arabia: Sulaiman M. Al-Mayouf, Sewairi; Serbia: Gordana Susic. Slovenia: Natasa Toplak; Spain: Consuelo Modesto, Maria Jesus Rua Elorduy, Jordi Anton, Rosa Bou.

Contributors SF, MPS, NR and MG: coordination of the study, analysis of the data, manuscript preparation. SO, HJL, GA, PW, IK-P, ND, LC, AI, YU, DR, PQ, ED, TH, AM, GF, TK, SM, AYB, AO, JK-D, BN, AS, HO, IT, JF, MH, AM: data collection and analysis, revision of the manuscript.

Funding The Eurofever Registry was sponsored by the Autoinflammatory Diseases' Working Group of the Paediatric Rheumatology European Society (PRES) and supported by the Executive Agency For Health and Consumers (EAHC, Project No 2007332) and by Coordination Theme 1 (Health) of the European Community's FP7 (Eurotraps, grant agreement number HEALTH-F2-2008-200923). Novartis and SOBI granted unrestricted educational grants.

Competing interests None.

Ethics approval G Gaslini ethics board.

Provenance and peer review Not commissioned; externally peer reviewed.

Data sharing statement Additional material is published online only.

REFERENCES

- Masters SL, Simon A, Aksentjevich I, *et al*. Horror autoinflammaticus: the molecular pathophysiology of autoinflammatory disease (*). *Annu Rev Immunol* 2009;27:621–68.
- The French FMF Consortium. A candidate gene for familial Mediterranean fever. *Nature Genetics* 1997;17:25–31.
- The International FMF Consortium. Ancient missense mutations in a new member of the RoRet gene family are likely to cause familial Mediterranean fever. *Cell* 1997;90:797–807.
- Drenth JP, Cuisset L, Grateau G, *et al*. Mutations in the gene encoding mevalonate kinase cause hyper-IgD and periodic fever syndrome. International Hyper-IgD Study Group. *Nat Genet* 1999;22:178–81.
- Houten SM, Kuis W, Duran M, *et al*. Mutations in MVK, encoding mevalonate kinase, cause hyperimmunoglobulinemia D and periodic fever syndrome. *Nature Genetics* 1999;22:175–7.
- van der Hilst JC, Bodar EJ, Barron KS, *et al*. Long-term follow-up, clinical features, and quality of life in a series of 103 patients with hyperimmunoglobulinemia D syndrome. *Medicine (Baltimore)* 2008;87:301–10.
- McDermott MF, Aksentjevich I, Galon J, *et al*. Germline mutations in the extracellular domains of the 55 kDa TNF receptor, TNFR1, define a family of dominantly inherited autoinflammatory syndromes. *Cell* 1999;97:133–44.
- Hull KM, Drewe E, Aksentjevich I, *et al*. The TNF receptor-associated periodic syndrome (TRAPS): emerging concepts of an autoinflammatory disorder. *Medicine (Baltimore)* 2002;81:349–68.
- Hoffman HM, Mueller JL, Broide DH, *et al*. Mutation of a new gene encoding a putative pyrin-like protein causes familial cold autoinflammatory syndrome and Muckle-Wells syndrome. *Nat Genet* 2001;29:301–5.
- Aksentjevich I, Putnam D, Remmers EF, *et al*. The clinical continuum of cryopyrinopathies: novel CIAS1 mutations in North American patients and a new cryopyrin model. *Arthritis Rheum* 2007;56:1273–85.
- Toplak N, Frenkel J, Ozen S, *et al*. An international registry on autoinflammatory diseases: the Eurofever experience. *Ann Rheum Dis* 2012;71:1177–82.
- Lachmann HJ, Papa R, Gerhold K, *et al*. The phenotype of TNF receptor-associated autoinflammatory syndrome (TRAPS) at presentation: a series of 158 cases from the Eurofever/EUROTRAPS international registry. *Ann Rheum Dis* 2014;73:2160–7.
- Marshall GS, Edwards KM, Butler J, *et al*. Syndrome of periodic fever, pharyngitis, and aphthous stomatitis. *J Pediatr* 1987;110:43–6.
- Shinar Y, Obici L, Aksentjevich I, *et al*. Guidelines for the genetic diagnosis of hereditary recurrent fevers. *Ann Rheum Dis* 2012;71:1599–605.
- Federici L, Rittore-Domingo C, Kone-Paut I, *et al*. A decision tree for genetic diagnosis of hereditary periodic fever in unselected patients. *Ann Rheum Dis* 2006;65:1427–32.
- Gattorno M, Sormani MP, D'Osualdo A, *et al*. A diagnostic score for molecular analysis of hereditary autoinflammatory syndromes with periodic fever in children. *Arthritis Rheum* 2008;58:1823–32.
- Simon A, van der Meer JWM, Vesely R, *et al*. Approach to genetic analysis in the diagnosis of hereditary autoinflammatory syndromes. *Rheumatology* 2006;45:269–73.
- Livneh A, Langevitz P, Zemer D, *et al*. Criteria for the diagnosis of familial Mediterranean fever. *Arthritis Rheum* 1997;40:1879–85.
- Yalcinkaya F, Ozen S, Ozcakar ZB, *et al*. A new set of criteria for the diagnosis of familial Mediterranean fever in childhood. *Rheumatology (Oxford)* 2009;48:395–8.
- Sohar E, Gafni J, Pras M, *et al*. Familial Mediterranean fever. A survey of 470 cases and review of the literature. *Am J Med* 1967;43:227–53.
- Hoffman HM, Wanderer AA, Broide DH. Familial cold autoinflammatory syndrome: phenotype and genotype of an autosomal dominant periodic fever. *J Allergy Clin Immunol* 2001;108:615–20.
- Ter HN, Lachmann H, Ozen S, *et al*. Treatment of autoinflammatory diseases: results from the Eurofever Registry and a literature review. *Ann Rheum Dis* 2013;72:678–85.
- Milhavet F, Cuisset L, Hoffman HM, *et al*. The infivers autoinflammatory mutation online registry: update with new genes and functions. *Hum Mutat* 2008;29:803–8.
- Thomas KT, Feder HM, Lawton AR, *et al*. Periodic fever syndrome in children. *J Pediatr* 1999;135:15–21.
- Ravet N, Rouaghe S, Dode C, *et al*. Clinical significance of P46L and R92Q substitutions in the tumour necrosis factor superfamily 1A gene. *Ann Rheum Dis* 2006;65:1158–62.
- Gattorno M, Caorsi R, Meini A, *et al*. Differentiating PFAPA syndrome from monogenic periodic fevers. *Pediatrics* 2009;124:e721–8.
- Ozen S, Pistorio A, Iusan SM, *et al*. EULAR/PRINTO/PRES criteria for Henoch-Schönlein purpura, childhood polyarteritis nodosa, childhood Wegener granulomatosis and childhood Takayasu arteritis: Ankara 2008. Part II: Final classification criteria. *Ann Rheum Dis* 2010;69:798–806.
- Aksentjevich I, Kastner DL. Genetics of monogenic autoinflammatory diseases: past successes, future challenges. *Nat Rev Rheumatol* 2011;7:469–78.
- Toutou I, Hentgen V, Kone-Paut I. Web resources for rare auto-inflammatory diseases: towards a common patient registry. *Rheumatology (Oxford)* 2009;48:665–9.